

Good morning,

I'm reaching out on behalf of SourcePoint and the thousands of older adults we serve in Delaware County. With a growing older population and increasing need for home-delivered meals, it's more important than ever to stand with Meals on Wheels and ensure no older adult goes without the nutrition and connection they need.

Throughout three weeks in March, SourcePoint invites you to advocate for this vital community program that provides nutrition, a human connection, and a well-being check for those we serve. You can make a direct impact by signing up for a hands-on volunteer opportunity:



**Deliver meals** and provide a friendly check-in for homebound older adults.



**Work in our production kitchen** or assist with meal distribution.



**Help at a community cafe** and brighten someone's day.

Your time and generosity help us keep meals on the table for those who rely on us. If you can't volunteer, please consider donating to ensure we continue to serve every senior in need.



**Sign up today:** [SourcePoint: 2025 Meals on Wheels Community Champions](#)



**Donate:** [Donation Form](#)



**Questions?** Contact Karen Pillion at 740-203-2412.

Thank you for supporting older adults in our community-we couldn't do this without you!

